

BREAKFAST MENU

Moat House full English breakfast 10.50

Dunwood Farm pork sausages, back bacon mushrooms, griddled tomato, hash brown, black pudding, 2 free range eggs, baked beans, toast **GI, SD, M, E**

Moat House vegetarian/vegan full English breakfast 9.00

Vegan sausages, scrambled tofu, hash brown, mushrooms, griddled tomato, baked beans, sautéed spinach, toast **GI, SD, S**

Toasted sourdough, smashed avocado, 2 free range poached eggs **6.25 GI, M, E**

Greek yogurt, berries and honey granola **4.25 M, Nu, GI**

Waffles, berries, pecans and Greek yoghurt **6.00 GI, M, N, E**

Eggs Benedict 6.75

Toasted English muffin, honey roast ham, poached free range egg, hollandaise sauce **GI, M, E**

Dunwood Farm pork sausage sandwich served on white or wholemeal sliced tin loaf **5.00 GI, M**

Bacon sandwich served on white or wholemeal sliced tin loaf **5.00 GI, SD, M**

Menus are subject to change dependent on ingredient availability

We love to see your posts & stories about your time at The Moat House on Instagram!
Don't forget to tag us @themoathouse so we can share them.

If you have a food allergy please advise a member of staff before you order your food and drink, who will tell you about any allergenic ingredients in our dishes. Please note dish descriptions are not a full list of ingredients. Allergen information: Ce - Celery, Cr - Crustaceans, E - Eggs, F - Fish, GI - Gluten, L - Lupin Flour, M - Milk, Mo - Molluscs, Mu - Mustard, Nu - Nuts, P - Peanuts, S - Soy Se - Sesame, SD - Sulphur Dioxide